

Alumni-
Where are
they now?





MESSAGE FROM THE PROVOST

Where are they now?



ANNUAL REPORT 2019

The Bon Secours Memorial College of Nursing's annual report is published by the Office of Student Services.

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In the near 60 years that our College has been educating nurses, we've witnessed an evolution of the profession. Changes in education level, technology and responsibility have helped nurses advance to highly skilled, sought after professionals. I'm proud to say that we've been a part of that transformation, not only in teaching the required competencies but also in cultivating servant leaders who are changing the landscape of health care for the better. That is something we can all be proud of and celebrate as nursing educators.

In this year's annual report you'll hear from some of the extraordinary nurses who have passed through our halls: nurses who found their calling in forensic nursing, nurses who have immersed themselves in working with vulnerable populations here and abroad, and those who have returned to school to earn advanced degrees, becoming nurse practitioners and nurse executives. As educators, we are equally delighted to see nurses join the ranks of academia as nursing faculty — some right here at their alma mater!

As leaders in clinical care, education and research, we couldn't be more proud of what our alumni have accomplished, and we're just getting started. The next generation is already busy building their legacy as servant leaders, committed to quality and excellence. They are Student Government Organization officers, Global Outreach participants, Community and College Ambassadors, National Student Nurses' Association members and officers, members of the national service fraternity Alpha Phi Omega, and Peer Academic Support Service students (formerly Peer Tutors).

Recognizing the value of our alumni is inherent to the success of our College; it's why we are committed to the development and long term success of a robust alumni relations program. This is a substantial endeavor that is underway and it requires collaboration across the College and Health System for it to be a program that engages, connects, and strengthens our community.

As we work to make this program a reality, we invite you, our alumni, to be part of this journey. For more information on how you can get involved, contact our alumni relations coordinator Jane Castelvechi or visit our website at www.bsmcon.edu/alumni. We would love to hear from you!

With appreciation,
Melanie Green, PhD, RN
Vice President and Provost

MISSION

The mission of the Bon Secours Memorial College of Nursing is to foster holistic lifelong learning through innovative career education designed to cultivate servant leaders who are passionate about bringing people and communities to health and wholeness.

VISION

We will be the College of choice for those who consider caring to be a calling and a ministry inclusive of the needs of all people.

VALUES

As a higher education institution, we commit that our mission, vision and strategic direction are framed within these value statements:

COMPASSION — intentional engagement in caring practices that embodies a culture of respect, integrity and justice

QUALITY — commitment to education excellence that promotes lifelong intellectual, ethical and spiritual growth

SERVICE — cultivation of an attentive spirit that seeks to empower others in the co-creation of a just and caring world

GOAL STATEMENTS

CARING — Provide a framework for positively impacting society through culturally sensitive service to the global community.

1. Create opportunities for faculty, staff and students to provide culturally sensitive service to local, regional, national and international communities.
2. Cultivate an environment of respect, compassion and servant leadership which actively promotes and facilitates the development of servant leaders.
3. Embed the core concepts of ministry, mission and civic engagement into the curriculum and campus life.

LEARNING — Foster an environment designed to engage the learner in the development of a critical and creative consciousness.

1. Attract, empower and retain mission-focused students, faculty and staff committed to academic excellence and lifelong learning.
2. Provide a stimulating learning environment that excites curiosity, encourages creativity and integrates community commitment into the learning process.

TRANSFORMING — Liberate the potential of the College community by expanding individual and collective capabilities with respect to knowledge, discernment and growth.

1. Empower faculty and staff to reach their full potential through professional development and mission-related opportunities.
2. Integrate a variety of learning styles into the delivery of the curriculum to enhance the growth of the whole person.
3. Cultivate an understanding of the importance of the College within the Bon Secours Ministry — a Ministry of Education.

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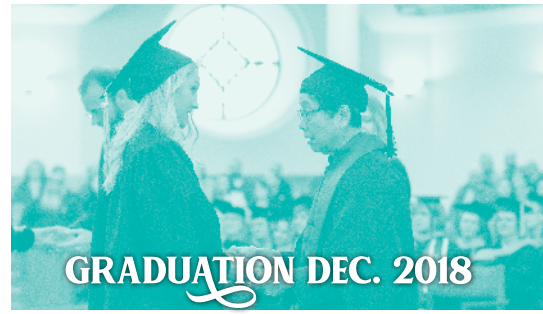
THE YEAR IN REVIEW

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DAISY FACULTY AWARD





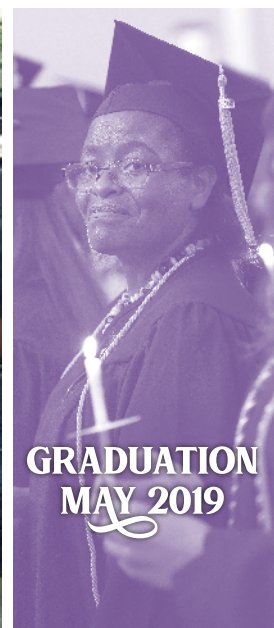
GRADUATION DEC. 2018



HONOR SOCIETY DEC. 2018

YEAR IN REVIEW

2019



GRADUATION MAY 2019



SPIRIT WEEK



SPRING INTERVIEW DAY



HONOR SOCIETY MAY 2019



FACULTY AND STAFF NEWS



Brian Baird, Pharm



Ashley Cavanna



Gerald Grass



Marcella Williams

NEW FACULTY

Brian Baird, PharmD, BCPS, Associate Professor

Baird has worked in clinical pharmacy for more than 25 years in a variety of areas including internal medicine, drug information and medication safety. He has been a pharmacist since 1993 and became a board-certified pharmacology specialist in 2001. He was recognized by the American Society of Health System Pharmacists as a Fellow in 2016, and has co-authored several published papers and presented original research at national conferences. He teaches PHR 3101 and PHR 3102, Pathopharmacology I and II. Baird earned a Doctor of Pharmacy degree in 2003 from Virginia Commonwealth University (VCU).

Ashley Cavanna, MSN, RN, Instructor

Cavanna has dedicated her nursing career to caring for adult patients in the critical care setting. Her experience includes primary nursing in the adult intensive care unit and post-anesthesia care unit. She also has experience in hospital administration, most recently as the nurse director of an intensive care unit. Cavanna teaches NUR 2102, Lifespan Health Assessment and Clinical Prevention Lab, NUR 3112, Adult Nursing Science II Practicum, and NUR 4243, Business of Healthcare in Complex Systems. She received her bachelor's degree in nursing from Elmira College, a master's degree in nursing education from Western Governors University and is currently enrolled in the MBA — Healthcare Management program with Western Governors University.

Gerald Grass, MSN, RN, Instructor

Grass has dedicated his 20 year nursing career to caring for adult patients in the critical care and military setting. His experience includes primary nursing in the emergency department, pre-op and post-anesthesia care unit as a clinical nurse and nursing supervisor, as well as hospital administration. Grass currently serves as a Major in the Army Reserve Nurse Corps as the officer in charge of the EMT Section for the 18th and 399th Field Hospitals. He received an associate degree from Reynolds Community College, a bachelor's degree in nursing from Old Dominion University and completed a master's degree in nursing leadership and management from Walden University. Grass teaches NUR 3104P, Competencies in Nursing Practice II and will teach NUR 3142, Leadership and Business of Healthcare beginning in spring 2020.

Marcella Williams, DNP, RN, Assistant Professor

Williams began her nursing career at the McGuire VA Medical Center in Richmond after graduating with a bachelor's degree in nursing from Ohio Wesleyan University, more than 30 years ago. She has long had a passion for the care of individuals with cancer with particular interest in end-of-life care. Work as a bedside nurse, clinical nurse specialist and nurse educator has been coupled with completion of a master's degree at Wright State University in 1992 and a Doctor of Nursing Practice at Duquesne University in 2016. Williams teaches NUR 3111P, Adult Nursing Science I Practicum and NUR 4140, Synthesis for Nursing Practice practicum.

FACULTY AND STAFF NEWS



Tate Sanchez



Jason Smith

NEW STAFF

Binesh Gurung, BS, Simulation Technician Specialist

As a simulation tech for the Clinical Simulation and Learning Center, Gurung works with faculty, staff and students with the use of simulation equipment, executing pre-programmed scenarios and supporting role-playing applications while providing technical assistance, support and training when needed. He received a Bachelor of Science degree from ECPI University.

Tate Sanchez, BFA, Student Success Advisor

Sanchez joins the College from Reynolds Community College (RCC), where she held roles in financial aid and academic advising. During her time there, she provided guidance to students interested in

transferring to the College of Nursing. Sanchez holds a Bachelor of Fine Arts from VCU and is enrolled in a master's program for higher education at Mary Baldwin College. She looks forward to building relationships with the students and supporting them on their academic and professional paths.

Jason Smith, MS, Director of Information Technology

Smith is responsible for maintaining efficient Information Technology (IT) operations and providing long-term strategic vision for the College's IT operations. He has more than 17 years of experience in the IT field that includes roles as system administrator, system analyst and applications team lead. Smith holds a bachelor's degree in business from the University of Mary Washington and a master's degree in

information systems from Boston University. He also holds several professional certifications in information and management systems.

NEW ROLES

Lydia (Dia) Lisner, BA, transitioned to the director of student success role this past summer after serving as the registrar. She has many years of higher education experience and has provided process improvements and leadership since joining the College five years ago as an academic advisor. She looks forward to continued collaboration across the College, delivering quality results and leading the Office of Student Success.

Catherine Mikelaites, DNP, RN, accepted the position of post-licensure (RN-BSN) program chair after serving in the role as interim this summer. The post-licensure program chair works collaboratively with others to manage the RN-BSN courses and coordinates the continuous development, implementation and evaluation of the post-licensure program.

APPOINTMENT

Christine Turner, PhD, RN, was elected for a two year term as treasurer for the VCU Gamma Omega chapter of Sigma Theta Tau International Honor Society of Nursing.



Dia Lisner



Catherine Mikelaites



Christine Turner

AWARDS

Lara Ratliff, MSN, RN, was honored with the 2019 DAISY Faculty Award. Ratliff's commitment to students is reflected by how she interacts on a daily basis to be a caring mentor, educator and leader. The winning nomination

FACULTY AND STAFF NEWS



Lara Ratliff

AWARDS (CONT.)

submitted by a student stated, “She is kind, compassionate, peaceful, trustworthy, dependable...there are not enough words to describe her! Her door is always open whenever I had a question or needed clarity on lecture material.”

Diane Smith, DNP, RN, was recognized as a finalist for the 2019 Leadership Excellence Award in the Nurse Educator category from the Virginia Nurses Foundation. She also received an honorable mention for Excellence in Teaching from the VCU Gamma Omega chapter of Sigma Theta Tau International Honor Society of Nursing.

Teri Tench, MSN, RN, and **Trina Gardner, MSN, RN**, received honorable mentions at the 2019 Leadership Excellence Award in the Nurse Educator category from the Virginia Nurses Foundation.

Christine Turner, PhD, RN, received the 2019 Leadership Excellence Award in the Nurse Educator category from the Virginia Nurses Foundation. Leadership Excellence Awards honor registered nurses at all levels of the profession who demonstrate outstanding leadership and make a difference in the lives of patients. She also received an honorable mention for Excellence in Teaching from the VCU Gamma Omega chapter of Sigma Theta Tau International Honor Society of Nursing.

Top right (l to r): Diane Smith, Trina Gardner, Christine Turner, and Teri Tench.

BOOK REVIEW

Diane Smith, DNP, RN, and **Melissa Roberson, MSN, RN**, were among the reviewers chosen for “Nursing as Ministry” by Kristen L. Mauk and Mary E. Hobus, a first edition textbook designed for faith-based schools that focuses on the spiritual aspects of patient care and covers topics that include community health, vulnerable populations, culturally sensitive care and more.

CERTIFICATIONS

Becky Roberts, MHA, completed a Post-Master’s Certificate in leadership and accountability from Capella University.

Robin Whelpley, PharmD, BCPS, completed a certification in opioid addiction and recovery from the Postgraduate Healthcare Education, LLC.



Diane Smith



Melissa Roberson



Becky Roberts



Robin Whelpley

DEGREES

Rani Sangha, DNP, RN, completed a Doctor of Nursing Practice from Old Dominion University. Her capstone project was “Nurses’ Ability to Identify Victims of Human Trafficking.” She has presented her research as “Human Trafficking: Exploring Nurses’ Self-efficacy and Their Ability to Identify Victims of Human Trafficking” as a poster presentation at the 2019 Virginia Council of Nurse Practitioners Conference in Roanoke, Va., at the University of Iowa 26th National Evidence-Based Practice Conference in Iowa City, Iowa, and at the Sigma Theta Tau International Honor Society of Nursing conference in Washington, DC.

Amy Feurer, PhD, RN, completed a Doctor of Philosophy in nursing from Rutgers University in December.

PRESENTATIONS

Associate Dean of Nursing **Chris-Tenna Perkins, PhD, RN**, and faculty members **Christine Turner, PhD, RN**, **Kimberly Brownie, MSN, RN**, and **Tamarah Pearson, MSN, RN**, as well as **Julie Marsh, MEd, MA**, coordinator for distance education and instructional design, delivered presentations at the National League for Nursing 2019 Education Summit. Perkins, Brownie and Pearson presented on “Good Start,” and Marsh presented on “The 5-Step Process to Choose the Right App.”

Christine Turner, PhD, RN, delivered a podium presentation at the Virginia League for Nursing’s annual conference in April 2019 titled, “Growing Nurses as Leaders: Developing Quality Improvement Skills through Addressing Real World Problems.”

Arlene Holowaychuk, EdD, RN, **Christine Turner, PhD, RN**, and **Karen Mellott, PhD, RN**, conducted research for poster titled “BSN Research Course Made Easy: An Active Learning Strategy.” Turner presented it at the National League for Nursing 2019 Educational Summit.

Christine Turner, PhD, RN and **Teri Tench, MSN, RN**, delivered a poster and a rapid fire podium presentation on “The Effects of Traditional Practicum Experiences on Nursing Students’ Attitudes Towards People with a Diagnosis of Mental Illness” at the Virginia Nurse’s Association Fall Conference. They also delivered this research as a poster presentation at Sigma Theta Tau International Honor Society of Nursing — Gamma Omega chapter — during the VCU School of Nursing 125th Anniversary Celebration/Weekend Research Showcase.

Angel Daniels, DNP, RN, had her poster “Overcoming Barriers in Developing Transition to Practice Fellowships in Primary Care” presented at the National Nurse Practitioner Residency & Fellowship Training Consortium 2019 Annual Conference.

PUBLICATION

Robin Whelpley, PharmD, BCPS, and **Amy Feurer, PhD, RN**, co-authored an article published in the June 2019 Journal of Nursing Education titled “An Interdisciplinary Collaboration: Development of an Opioid Crisis Elective for BSN and RN-to-BSN Students.” Their article focused on the opioid crisis and how nursing programs have the opportunity to play a vital role in addressing pain management content in their curriculum. Whelpley and Feurer co-teach a nursing elective that was designed and implemented that allows nursing students to examine appropriate pain assessment, the role of the nurse, best practices in pharmaceutical treatment, and attitudes and biases that may exist.



Rani Sangha



Chris-Tenna Perkins



Christine Turner



Kimberly Brownie



Tamarah Pearson



Julie Marsh



Arlene Holowaychuk



Karen Mellott



Teri Tench



Angel Daniels



Amy Feurer



Office of Student Success: Tate Sanchez, Erica Stubblefield, Arif Fazel, Allison Peterson, and Dia Lisner.

Who's Who in the Office of Student Success

As College enrollment increases, expanding student support services is necessary to sustain a growing student body and their diverse needs. This summer the Office of Student Success welcomed a new success advisor to the team, Tate Sanchez, who joined us from Reynolds Community College (RCC) where she spent the last three years in student support roles in financial aid, transfer services and academic support.

"I've enjoyed getting to know and support our students, some of whom I know from my RCC days when I assisted in the transfer process when they were applying to BSMCON," Sanchez said. "I look forward to guiding them as they follow their nursing path."

Sanchez and her colleagues Erica Stubblefield and Arif Fazel and career counselor Allison Peterson provide support throughout the lifecycle of the student — engaging students and building relationships beginning with student orientation, through academic progression, graduation and beyond.

Dia Lisner, previously the College registrar, transitioned to the Office of

Student Success as the director this year. Lisner, who has built a career in higher education in student-facing roles, began at the College as an advisor.

"Helping students achieve their academic goals is what I've been doing since I began my career," Lisner said. "We want students to know we are here to help them succeed. It's our job to provide resources, leverage strengths and develop strategies that will sustain them through nursing school and into their careers as professional nurses."

Together, the student success team provides a host of services including improving study skills, reading textbooks, note-taking and taking tests. They can also help with time management, life-balance and prioritization, personal well-being, and accommodations for learning needs.

As the College's career counselor, Peterson prepares students and alumni with resume review, interview preparedness, which includes mock interviews, job search assistance, and graduate school application advice.

TAKE A PASS

A FREE SERVICE FOR STUDENTS, BY STUDENTS

Managed by the Office of Student Success, Peer Academic Support Service (PASS) is a free academic service for any student who would like to learn additional strategies and tools. Students with a passion for helping others are encouraged to apply. PASS assists and encourages students while offering support with study skills, additional test taking strategies, improved note taking practices, as well as some course content review. Applications for PASS are reviewed and approved by success advisor Arif Fazel.

"Interested students must have a 3.25 cumulative GPA along with a B or better in any class they wish to provide guidance for," Fazel said. "Students who have visited PASS at least once, have reported feeling more confident about course material and come away with improved study habits."

PASS is located across from the Office of Student Success and is available Monday through Friday with most hours in the late afternoon through the early evening. Students can make appointments or walk-in for one-on-one or small group sessions.

Alec Sliman, a junior PASS student, appreciates the interpersonal student connection. "PASS gives me the chance to help others on a peer-to-peer level, which helps both the students and myself in understanding the material on a deeper level."

For more information on PASS, visit the College website under Student Success.



SENIOR INTERVIEW DAY TAKES OFF

“”

I truly look forward to attending this event. It always leaves me feeling hopeful about the future of nursing.

– Robin F. Johnson, MHA, RN
Vice President of Patient Care Services,
Chief Nurse Executive



Earlier this year 30 rising graduates converged on Short Pump Hilton Hotel in Richmond, Va. for Senior Interview Day. The red carpet was rolled out as Bon Secours nursing leaders provided a warm welcome, a gourmet breakfast and an opportunity to interview with leaders from different departments and specialties across the health system. This is the second event Bon Secours has held for graduating seniors.

Nursing leaders were energized by the enthusiasm of students who arrived, resumes in hand for pre-scheduled interviews.

According to Shaila Ellis, class of December 2019, the event “gave us the opportunity to initiate a connection with leaders of the units we wanted to possibly work on after we graduate.” Ellis interviewed with several unit directors that day and she connected with the leader of the St. Mary’s ICU where she will begin her nursing career in January.

“The Senior Interview event is an excellent opportunity to initiate a relationship with the nursing leadership of the hospitals in the Richmond market,” Chief Nurse Executive, Robin Johnson of Memorial Regional Medical Center and Richmond Community Hospital, said. “The event allows for one-on-one

conversation and the ability to make that first impression as an upcoming professional nurse. I personally enjoyed the time during breakfast where I could sit down with students and answer their questions. We were able to talk about the types of questions to expect during an interview, and I am hopeful that it helped to relieve some anxiety.”

Tyra Fuller, who also attended, viewed the event as a chance for seniors to explore nursing interests beyond their familiar clinical immersion settings. “Go after whichever unit you are interested in during the event. Put yourself out there to get that job you want,” Fuller said. After receiving her degree in December 2019, Fuller will begin her career with Bon Secours Memorial Regional Medical Center.

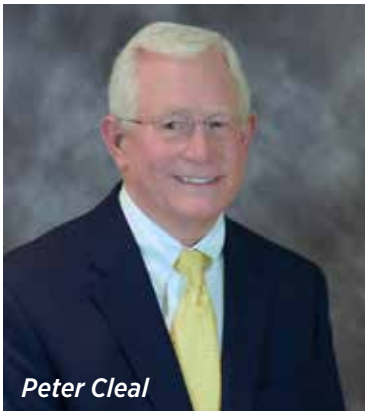
Students departed the event with Bon Secours swag bags and hopeful attitudes that job offers will follow. It is expected that 75 to 80 percent of students remaining in the area will accept jobs with Bon Secours.

Students and alumni interested in career preparedness, job search assistance and graduate school application advice can contact career counselor Allison Peterson at Allison_Peterson@bshsi.org.



A Report on Scholarships

FROM PETER B. CLEAL CHAIR, COLLEGE'S SCHOLARSHIP PHILANTHROPY COMMITTEE



Peter Cleal

MEMBERS OF THE BSMCON SCHOLARSHIP PHILANTHROPY COMMITTEE

- Peter B. Cleal
- LeeLee Cummings
- Anne Dunnington, RN
- Jennifer Goins
- Melanie Green, PhD, RN
- Mary Catherine Rotert
- Barbara Sorbello, PhD, RN
- Pamela Spence

Securing adequate financial support is one of the most critical aspects of pursuing a nursing degree. In an effort to create more scholarship funding, the College initiated a strategic fundraising effort three years ago. I am pleased to report that this initiative has yielded a 33 percent increase in scholarship support, which enabled us to assist 64 more students — a 30 percent increase.

HIGHLIGHTS INCLUDE:

ALBERTA RUTH OLSON FULPER NURSING SCHOLARSHIP

Faculty member, Diane Smith, DNP, RN was inspired by her mother, Alberta Ruth Olson Fulper to become a nurse. To honor her mother, Diane has established a scholarship in her name, so that her caring spirit may live on through the students assisted by this gift.

STANSBURY-BINNS NURSING SCHOLARSHIP

Janet and Earl Binns dedicated their lives to education and caring for their loved ones. To honor the wonderful nursing care their parents received at St. Mary's Hospital, the Binns have funded the Stansbury-Binns Nursing Scholarship. Janet, a music teacher who became the director of public relations for Henrico County Public Schools is a member of the Bon Secours Memorial Regional Medical Center Community Advisory Board. Earl spent his career as a principal and retired

from the Henrico School System. "Bon Secours nurses are special," Janet said. "Earl and I are thankful that we have the resources, which enable us to create scholarship support that will address the nursing shortage and continue the Bon Secours nursing tradition."

LEELEE AND JACK CUMMINGS, JR. NURSING SCHOLARSHIP

Janice Johnstone created a second scholarship in honor of LeeLee and Jack Cummings to recognize their work in supporting scholarships at the College. Mrs. Johnstone's husband, William T. Johnstone, MD was a member of Tuckahoe Orthopaedics Associates, and LeeLee Cummings was his nurse. Before Dr. Johnstone passed away last year, he and his wife discussed establishing a nursing scholarship to honor their friendship with the Cummings, and to support the need for more nurses.

SR. MARIE A. KERNS, RSM, RN NURSING SCHOLARSHIP

Sister Marie Kerns came to Richmond to work



PHOTOS (l to r): 1 Diane Smith and scholarship recipient, Selene Epps. 2 Townebank's Pat Colins with scholarship recipients. 3 Janet and Earl Binns. 4 Townebank's, Curtis H. Straub III with scholarship recipients.

for a short stint at Richmond Memorial Hospital. She stayed for nearly 40 years and became a steadfast presence of comfort, hope and healing as she cared for patients in the new Hanover County hospital, Bon Secours Memorial Regional Medical Center. Members of the hospital's Community Advisory Board have established an endowed nursing scholarship to honor Sr. Marie and to ensure that her caring legacy is continued through the students supported by this scholarship.

RAPPAHANNOCK GENERAL HOSPITAL FOUNDATION NURSING SCHOLARSHIP

Trustees of the Rappahannock General Hospital (RGH) Foundation recognize the importance of strong, compassionate nursing and the critical need for nurses, especially in rural areas. "It is important to our community's health and welfare that we have quality nursing care when we need it," said Mary Catherine Rotert, a member of the Rappahannock General Hospital Foundation and the Bon Secours Richmond Health Care Foundation. "Indeed, we need the quality care," said Craig Kelly, another member of both foundations and a resident of the Northern Neck of Virginia. "Our community needs the

economic boost that these nursing jobs provide."

With these concerns in mind, the RGH Foundation established a scholarship that will support nursing students at the Bon Secours Memorial College of Nursing, who reside in one of the five counties served by RGH. These counties are Lancaster, Middlesex, Northumberland, Richmond and Westmoreland.

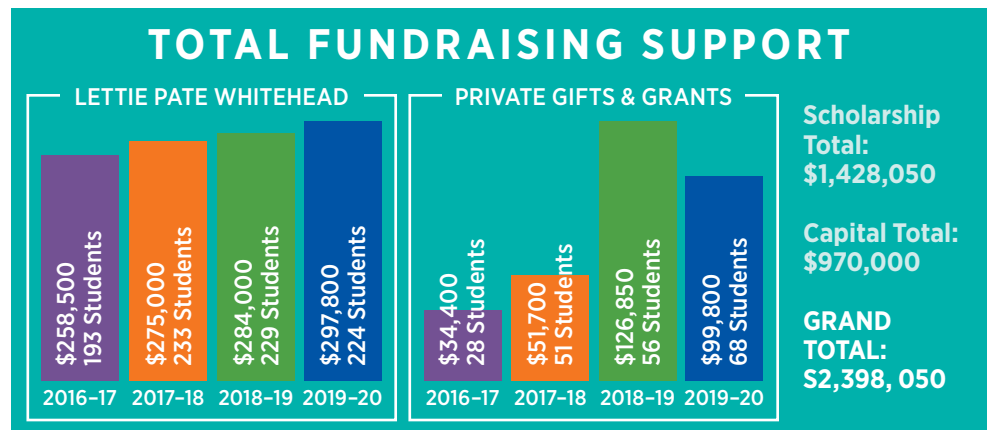
TOWNEBANK, RICHMOND FOUNDATION NURSING SCHOLARSHIP

The mission of the TowneBank Richmond Foundation is to deliver quality leadership, compassionate stewardship and heartfelt support to

the many charitable and philanthropic organizations in our community through their financial contribution and volunteerism. This mission is fulfilled by their generous support of nursing scholarships at the Bon Secours Memorial College of Nursing. Thirty-two students have received TowneBank Richmond scholarships.

JAMES AND PEGGY WILSON NURSING SCHOLARSHIP

The Wilsons are long-time supporters of the Bon Secours Richmond Health Care Foundation. Jim Wilson is a member of the Foundation's Board of Directors. They established this scholarship fund to honor the Bon Secours ministry of Good Help to Those in Need® and to help address the critical shortage of nurses.



ACADEMIC YEAR 2019 - 2020



MERIT-BASED SCHOLARSHIPS

Gloria H. Booker Scholarship

This scholarship was established in honor of Mrs. Booker's devoted 40 years of dedicated and compassionate teaching and service. Eligible students must have a GPA of 3.0 and be a rising junior or senior with a strong commitment to compassionate care.

The Walter H. Hilburn Endowed Merit Scholarship

This is a merit scholarship open to full-time students who are meeting the requirements of Satisfactory Academic Progress and who are U.S. citizens. It was established to honor the life of Walter H. Hilburn, father of Dr. Melanie H. Green, RN, provost of the Bon Secours Memorial College of Nursing.

The George M. Modlin, Ph.D. Scholarship

Established to honor Dr. George Matthews Modlin, former president of the University of Richmond and a founder of the Richmond Memorial Hospital School of Nursing, this scholarship is awarded to a student who shows promise and has potential to make significant contributions to nursing and the community. Leadership and community service involvement must be evident. The recipient must have a GPA of 3.5 or higher and be in the top 10 percent of his or her class.

The Perkins Law Annual Merit Scholarship

This scholarship is open to students who have a minimum GPA of 3.0. Preference is given to students from Southwest Virginia or Southern West Virginia.

The Susan P. Scott Nursing Scholarship

This is a merit scholarship awarded to a

student who is meeting the requirements of Satisfactory Academic Progress.

MERIT-/NEED-BASED SCHOLARSHIPS

The Louise T. Cole Scholarship

This scholarship was established for students who demonstrate financial need and academic merit.

The Jean Ritz-See Scholarship

This need-based award is given annually in memory of Ms. Ritz-See, class of '81, by her family. Recipients must have a GPA of 3.0 or higher, and demonstrate financial need.

Stansbury-Binns Scholarship

Established by the Binns family in honor of the great care their parents, Frances and Bob Stansbury received from Bon Secours providers during their lifetime of 90-plus years, especially for their care in Bon Secours Hospice. This scholarship is given to students with demonstrated merit and financial need.

NEED-BASED SCHOLARSHIPS

A Century of Service Scholarship

This is a need-based scholarship open to all students who are meeting the requirements of Satisfactory Academic Progress.

The Peter B. Cleal Scholarship

Students must demonstrate financial need, leadership potential, and a commitment to community service to be considered for this award.

The Brenda H. Eggleston Scholarship

Established in honor of Brenda Hopkins Eggleston, a trustee of the Bon Secours Richmond Health Care Foundation, this scholarship is awarded to students who demonstrate financial need and are meeting the requirements of Satisfactory Academic Progress.

The Miriam and Steve Lindsey Scholarship

J. Stephen Lindsey is a long-time friend and supporter of the Bon Secours Richmond Health System, and a former member of the Bon Secours Richmond Health Care Foundation Board of Directors. Recipients must be full-time students who are meeting the requirements of Satisfactory Academic Progress and who demonstrate financial need.

The Alberta Ruth Olson Fulper Nursing Scholarship

This scholarship is given to students with demonstrated financial need.

The Sister Marie Kerns, RSM Nursing Scholarship

This scholarship honors Sister Marie's many years of dedicated, compassionate service to the Bon Secours Health System, especially at Memorial Regional Medical Center as a nurse and in ministry outreach. Recipients must demonstrate financial need.

The Mary Jane Naecker-Young Award

As its class gift to the Richmond Memorial School of Nursing, the Class of 1965 presented a scholarship to honor its class advisor, Mrs. Mary Jane Naecker-Young. This is a need-based scholarship awarded to a junior who will uphold the values and principles of the College and the nursing profession, possessing and demonstrating leadership ability, good citizenship and College spirit.

The Sarah F. Richardson Endowed Scholarship

Ms. Richardson was a long-time member of the Bon Secours Memorial College of Nursing faculty who had also served in the U.S. Army. Created by her parents, this scholarship was established in Sarah's memory to perpetuate her love of nursing and legacy of compassion. The recipient should demonstrate financial need and embody the spirit of nursing in a manner that evidences the qualities of compassion, servant leadership, commitment to excellent, joyfulness of spirit, and a positive attitude.

The Mary Catherine Rotert Endowed Scholarship

Believing that "nurses help nurses," this endowed scholarship was established to give back. It is awarded to students who demonstrate financial need, as well as a desire to give back to the community, and/or plan to continue their nursing careers by pursuing an advanced degree.

The Stuart Circle Hospital School of Nursing Alumnae Association Endowed Scholarship

This scholarship was established by the Stuart Circle Hospital Nursing School Alumni as a lasting legacy to honor their nursing school tradition. Students must demonstrate

AVAILABLE SCHOLARSHIPS

financial need, with priority consideration for any with family connections to the Stuart Circle Hospital School of Nursing.

The TowneBank, 2017 Richmond Scholarship

This scholarship represents TowneBank's commitment to providing enrichment opportunities in the Richmond Metropolitan area. The award is granted to students who demonstrate financial need and a commitment to helping their community achieve health and well-being.

The James and Peggy Wilson Scholarship

This scholarship is awarded to students in meeting the requirements of Satisfactory Academic Progress and who demonstrate financial need.

GENERAL SCHOLARSHIPS

The Ralph and Alfretta Ardabell Nursing Scholarship

Established by Toni R. Ardabell, former President for the Bon Secours Richmond Health System, to honor her parents, this scholarship is awarded to traditional BSN students who are actively enrolled at the College and are meeting the requirements of Satisfactory Academic Progress.

The Jack and LeeLee Cummings Scholarship

This scholarship is awarded to a student who demonstrates a commitment to the Bon Secours values.

The Lily Kirby Cummings Scholarship

Established by her children, this scholarship honors Mrs. Cummings' career as a Bon Secours nurse. The scholarship is awarded to a student who demonstrates a commitment to Bon Secours values.

The Helen G. Pugh, RN Scholarship

Established in honor of Helen G. Pugh, RN, by a loving granddaughter in whom she instilled pride for the nursing profession, this scholarship is awarded to students who display a passion for nursing in the Bon Secours spirit of caring.

The Margaret and Fairfax Randolph Scholarship

This scholarship was established to honor the parents of Malcolm Randolph, who were long-time supporters of Bon Secours St. Mary's Hospital and a former member

of the Bon Secours Richmond Health Care Foundation Board of Directors. The scholarship is awarded to a student who demonstrates a commitment to Bon Secours values.

Richmond Academy of Medicine Alliance (RAMA) Scholarship

The Richmond Academy of Medicine Alliance was an organization of spouses for members of the Richmond Academy of Medicine. This scholarship is granted in the spirit of support for interests of the Academy of Medicine.

The Sisters of Bon Secours Nursing Scholarship

On behalf of the Sisters of Bon Secours, this scholarship honors the distinct education provided by the College that teaches nursing care to be holistic, compassionate, innovative, and "good help" to those in need.

The John Moreland Spence, M.D. Scholarship

Established in honor of John Moreland Spence, an OBGYN at Johns Hopkins Hospital.

Charles G. Thedieck, Jr. M.D.

This scholarship honors the career of Dr. Charles G. Thedieck, Jr., and is awarded to a student who demonstrates a commitment to Bon Secours values.

The TowneBank, Richmond — 2019 Scholarship

This scholarship represents TowneBank's commitment to community and is awarded to students who demonstrate the desire to better the health and wellbeing of their communities.

RESTRICTED SCHOLARSHIPS

Glenn LeBlanc Men in Nursing Scholarship

Created by an alumnus who wanted to support male students in their pursuit of nursing education, recipients are required to submit a written essay expressing "How Men Can Make a Contribution to Nursing."

Mended Hearts Nursing Scholarship

This scholarship is awarded to a senior year student who is actively enrolled and meeting the requirement of Satisfactory Academic Progress, has an expressed interest in cardiac nursing and is willing to attend a Mended Hearts meeting if awarded. This scholarship rotates among Bon Secours

Memorial College of Nursing, J. Sargent Reynolds Community College and Virginia Commonwealth University. The College receives this scholarship every three years.

The Rappahannock General Hospital Foundation

This scholarship supports students seeking degrees at the Bon Secours Memorial College of Nursing who reside in the Rappahannock General Hospital service region, defined as the five counties that comprise the Northern Neck of Virginia: Lancaster County, Middlesex County, Northumberland County, Richmond County, and Westmorland County.

RESTRICTED NEED-BASED SCHOLARSHIPS

The LeReve Mallory Peluso Scholarship

This scholarship was established in memory of St. Mary's Hospital nurse LeReve Mallory Peluso, by her family. Applicants should be interested in newborn nursery care, be a junior or senior who is actively enrolled and meeting the requirements of Satisfactory Academic Progress, and have a demonstrated Financial need.

The Evelyn D. Reinhart Nursing Scholarship for Men

Established by The Reinhart Foundation to honor Evelyn D. Reinhart's service as a nurse and to encourage men to complete their course of studies and successfully achieve the license of registered nurse, this need-based scholarship is open to men in their junior year, and can be renewed for a second year.

Lettie Pate Whitehead Foundation Scholarship

The Lettie Pate Whitehead Foundation is a need-based charity dedicated to the support of Christian women in nine southeastern states. Eligible students must be female; embrace a Christian faith and reside in one of the following Southern states: Alabama, Florida, Georgia, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee and Virginia.

Bon Secours nurses have long been revered for their compassionate care, patient advocacy and servant leadership. Many graduates participated on mission teams or volunteered in service roles, emerging as servant leaders long before they entered the profession. Others became unwitting patient advocates as caregivers and confidants to family and friends in need, fostering the call to become a nurse. Whether a graduate of Richmond Memorial Hospital School of Nursing, Bon Secours Memorial School of Nursing or the College of Nursing — our alumni are united in caring and service that is the legacy of the Sisters of Bon Secours.

In this cover feature you'll meet military nurses, forensic nurses, nurse educators and hospital administrators, among others, who carry these traditions forward in their own nursing career paths.

We asked about career paths, leadership, innovation, influences, rewards and challenges. What we steadily heard was a resounding call to serve — serving patients, serving students and serving each other with dignity, integrity and compassion.

Alumni- Where are they now?

MILITARY

You both were active in service roles in school. How did those experiences inform your nursing careers?

Zach: Ashley and I were each team members of Team Haiti, very involved in SGO and were College Ambassadors. These teams and leadership roles allowed for team building and working hand in hand with students who wanted more out of their college experience. In terms of the most impactful and influential experience, it was being a member of Team Haiti, which developed my nursing practice into what it is today. Seeing the joy that simple care brings those in need really helps me to reflect on the days I feel burnt out or not satisfied with the way a day on the floor is going. I can look back and remember that somewhere in the world there is a person smiling and so thankful for the care of others, even when it's something as simple as taking a blood pressure reading or giving a toothbrush.



ASHLEY BINGHAM, BSN, RN
Class of December 2017
Perioperative Nurse
United States Air Force



ZACH BINGHAM, BSN, RN
Class of December 2017
Medical/Surgical Nurse
United States Air Force

Ashley: I also had the privilege of working with other students in establishing a new Student Nurses' Association chapter. Some of my proudest moments were serving the vulnerable populations in Haiti and with Remote Area Medical (RAM) in Grundy, Va. These experiences definitely impacted my nursing career today. In the USAF we are expected to hold extra duties alongside our every day jobs. The BSMCON service roles gave me an excellent foundation for leadership, professional development, time management, communication skills and provided a general understanding of how to create, initiate and maintain different programs catered to various and diverse populations within and outside the college. Without those roles I am certain I would not have gained the amount of success I was able to achieve only one year after graduating.

How did your careers lead to the armed forces?

Ashley: After graduation my first nursing job was on the medical telemetry unit at Memorial Regional Medical Center (MRMC), but it was always on my mind to serve in the

armed forces. Growing up my dad served in the Air Force (AF) and then I married Zach, who was also serving in the AF. About a year before graduating I contacted a health care professions recruiter and started the process to become an officer in the Air Force. In September 2018, I received the call that I was accepted and would be trained as a Perioperative Nurse, my dream job. My compassion for country and providing care to others are now bound together due to the incredible opportunity. **Zach:** I was active duty AF as an enlisted member before starting nursing school. After graduating I worked for a little over a year on the progressive care unit at Memorial Regional. I learned so much from my preceptor Robin Britton and others that I use to this very day. I did not have the required critical care time to enter the AF as a critical care nurse, so I entered as a medical surgical nurse. It had been my goal since leaving active duty to come back as an AF nurse. There were several reasons I wanted to return (student loan repayment, tuition assistance, a pension), however over everything was the desire to return to service to serve with my brothers in arms and provide care to those in need.

Talk to me about innovation in your role.

Zach: I bring my civilian experience into the military health system. Health care is very different in the military/Veteran Affairs health system. One of the major changes is costs; our patients receive almost 'free' health care and this can impact how tests, images and supplies are accounted for. I try to be a good steward and remind people that even though things may not be charged to the patient, the tax payers are still paying and we should practice stewardship and not overuse.

What are the rewards and challenges that come with military service?

Ashley: One of the greatest rewards I have every day when putting on my uniform is knowing I am going to work to care for those who are serving, those who have served and their families. Maintaining a focus on mission readiness allows me to be deployable to go downrange to provide direct care to the wounded warriors, an experience that not very many people have and probably one of my life's most rewarding sacrifices.



JIM P. GREGORY, MSN, RN
Class of May 2001
Nurse Director, Critical Care Unit
St. Mary's Hospital

CRITICAL CARE

Tell us about your position as a nurse leader.

I lead a team of critical care nurses who care for complex patients requiring intensive care. I also help lead process improvement projects, rapid response and code teams.

Who has inspired you?

Sam Kees, my mentor and preceptor in graduate school and Barbara Ferguson, a mentor, coach and friend, who is at St. Mary's Hospital. As quality director, Barbara's high standards and expectations help improve almost all care in our facility and beyond. To this day, she is someone I consult with often for advice.

What has been critical to your success?

I believe having an open mind, never assuming anything, and trusting in God have been critical factors in my nursing career. And remember to take responsibility always, in successes and in failures.

SCHOOL NURSING



ELIZABETH BLANTON, BSN, RN
 Class of 2008 (Diploma)
 Class of 2018 (BSN)
 Lower School Nurse
 St. Catherine's School

What sparked the interest in school nursing?

I wanted to move away from a hospital setting, but continue to work with children. I was also interested in public and community health. A long-term substitute position became available at the school where I currently work, and that's how I became a full-time school nurse. School nursing is a great fit for my interests, as it combines both pediatrics and community health.

How has nursing evolved in the school setting?

The field has changed dramatically over the past 10 to 20 years as the health needs of children have changed. Children are experiencing a greater number of chronic illnesses that need nursing care during the school day, with students attending school rather than remaining at home as in the past. This requires skilled nursing and an innovative approach to care coordination across many disciplines, which are often primarily managed by the school nurse. School nurses are also leading the way in drawing attention to the importance of mental health and wellness in relation to overall student success and well-being.

I enjoy being a school nurse because ...

school nursing requires you to be independent, quick-thinking, and flexible. I can see as many as 40 students in one day, so you have to be ready for anything and willing to work hard. Finding a way to meet the needs of students collaboratively can be one of the biggest challenges, but often it's not a challenge at all. I am fortunate to work at a school that values the health and wellness of students and sees the school nurse as an asset to the students' overall education.

What was your first nursing position? How did this experience impact your career?

During school I was a patient care tech on the cardiovascular unit (CVSU), cardiac step down, at St. Mary's Hospital. I started my nursing career on the night shift there, later transitioning to the day shift. I then became the clinical care leader and nurse manager on the same unit. That experience provided the foundation I have for my career today as Chief of Staff. I truly believe my clinical background helps me make better decisions in this role and relate to those who are at the bedside.

Who has influenced you professionally?

Cindy Rogers hired me as a patient care tech; she saw potential and helped me grow professionally. I am forever grateful to her for giving me an opportunity to start my nursing career on CVSU, providing roles in nursing leadership, and ultimately her transition from St. Mary's Hospital opened a door for me to become nurse manager. Cindy is an incredible leader. She is empathetic, has high integrity and makes her staff, patients and families feel as though they are part of her family. You're in a leadership role at the market level.

What are the challenges you face?

Ensuring everyone has what they need to provide excellent care is a challenge. Working with internal and external stakeholders is a challenge. I am rewarded, however, every time I hear a story that touched a patient's life. For example, "I had my baby at St. Mary's and the staff was incredible," or "My dad had heart surgery at Memorial and the doctors and nurses were amazing," and "My neighbor had a knee replacement at St. Francis and he was amazed at how well he felt immediately after," and even the tougher ones such as "My mom passed away at SMH and the entire team was so compassionate." These are the stories that make me proud to work for Bon Secours Mercy Health.

CHIEF OF STAFF



ANNE DUNNINGTON, MSN, RN
 Class of 2009
 Chief of Staff
 Bon Secours Mercy Health —
 Richmond Market

FORENSIC NURSING



SARA JENNINGS, DNP, RN
Class of 2004 (left)

MARCIE GENTRY, BSN, RN (right)
Class of 2004 (Diploma)
Class of 2020 (BSN)

KENDALL PLUMMER, BSN, RN
(not pictured)
Class of May 2017

Forensic Nurse Examiners
Bon Secours Richmond
Forensic Nursing Services
St. Mary's Hospital

Why forensic nursing?

Jennings: The hospital system I worked for did not have forensic nurses and I was frequently assigned to care for this patient population. I saw a gap in care, and felt more should be done. **Plummer:** I knew I wanted to work with patients who had endured physical and emotional trauma related to domestic violence, sexual assault and child abuse. Unfortunately, I've had a handful of friends who have personally experienced these and knowing how it has affected their lives, encouraged me to want to be a safe place for these patients. **Gentry:** I have been a RN for 15 years and have always specialized in psychiatry and substance abuse.

Forensics encompasses psychiatry and at times, substance abuse, which seemed like a natural fit.

You treat patients who've experienced violence or trauma. What encourages you given the difficult circumstances you see?

Jennings: Knowing that a patient trusts you in their darkest days is very rewarding and humbling. **Plummer:** The support and respect we receive from the community is unlike anything I've ever seen. I truly feel appreciated in this profession. Not always knowing what happens with children or patients after they leave our care is difficult. **Gentry:** Seeing and hearing the stories of trauma is challenging in this line

of work; no human being should be treated that way. I hope I can bring a little peace in the chaos a patient is experiencing on their very worst of days.

Forensic nursing is a growing practice; how do you stay current?

Jennings: Forensic nursing is constantly evolving. It is important to stay actively involved with colleagues and stay engaged with the most current evidence-based practice. **Plummer:** We are continuously working toward bettering the care of the Human Trafficking population. Our goal is to ensure they receive medical care and STI treatment before they are relocated.

NURSING FACULTY

PRIYA SHARMA, MSN, RN
Class of 2013
Nursing Faculty
Stratford University



Your first nursing position after graduation was at St. Francis Medical Center's medical-surgery unit. Tell us about that experience.

I had an exceptionally positive experience in my new grad year. I had an amazing team on the fifth floor. From the charge nurse, to shift resource, the unit secretary, we are all like a family and we called ourselves the Fab5! I believe your first RN job will impact you greatly not only in that crucial first year, but for the rest of your professional career. I

had an amazing manager, Ruby Hines, who was not only a manager but a true leader. I remember even to this day that she would come to work in her scrubs on days she did not have meetings or appointments, and how powerful that image was to me as a new nurse. She never shrugged away from taking an assignment if we were short staffed or helping a new grad nurse hang a medication or do a skill he or she had never done before. Having such strong mentorship during my new grad period encouraged me to push myself even after I moved on from med-surg. I went to MIU to the PICU to outpatient procedural cardiology, all of which challenged me as nurse and my critical thinking.

What lead you to your current position as a faculty member at Stratford?

I had great faculty during my BSN academic career at BSMCON. I remember sitting in the desks and realizing during my nursing program that I wanted to be in front of the room teaching the future generation of nurses. The faculty at BSMCON was very personable and truly passionate about their specialties. No question was a dumb one, and they were the

best cheerleaders when we needed motivation. I have remained very active as an alumnus. I have come in and spoken to senior classes about the new grad experience and my time there. The faculty supported me and my growth, so I talked to my former faculty members and got insight on graduate school, and enrolled in my MSN while I was a nurse at St. Mary's Hospital.

What's been critical to your success?

The desire to learn and continually grow has what has led me to where I am at this point. I took advantage of any learning opportunity that my faculty presented to me during my BSN (tutoring, remediation, etc.). As a nurse I joined professional organizations to keep me abreast of the newest developments in evidence-based practice. As faculty, I try to be approachable, easy to contact, willing to help and well versed in my courses so that I can present my material in a way that students will understand.

Would you have done anything differently?

The one thing I think I would do differently would have been to be

more actively involved in student body government when I was at BSMCON. At that time I was too focused on my courses and grades that I didn't give myself time to think or do much else. Now that I am faculty, I encourage students to join student body government. I try to instill confidence in students to make them realize that sometimes you have to take the first step for change to occur, and there is no better way than being involved in how your school/program is run.

Any final thoughts for our readers?

BSMCON has some of the best faculty I have come across in my academic and professional career. They were role models when I was in the classroom and some of the best mentors I have had since graduating in 2013. I feel like I had a solid foundation upon completing my BSN and that allowed me to have confidence to challenge myself and to grow professionally. I would one day like to teach for BSMCON and feel like that is where I am destined to be. I just wanted to thank BSMCON for giving my start into nursing and for creating the passion and drive I have to teach nursing. I couldn't imagine doing anything else!

NURSING FACULTY, BON SECOURS MEMORIAL COLLEGE OF NURSING

What was your first nursing job and how did it impact your career as an educator?

Daniels: My nursing job upon graduation was at Richmond Community Hospital in the emergency department. It was a great foundation as I was blessed to have the opportunity to work with diverse vulnerable population with many health and socioeconomic needs. I had a great preceptor who had over 20 years of nursing experience who nurtured me as a new grad and gave me tough love when needed. **Chidley:** My first RN position was as a staff

nurse on Neurology (now neuroscience telemetry) at MRMC. I stayed on that floor for nearly 10 years. I met a lot of really great nurses and developed relationships that helped point me towards teaching. **Faw:** I knew I wanted to serve my community, and that was at Memorial Regional Medical Center. I thrive on being active and sat on many committees at the hospital. Before I left to come to the College to teach, I co-chaired the Recruitment and Retention Committee for the hospital with Robin Johnson who is now the chief nursing officer of MRMC.

What led you to your current position as a faculty member?

Mikelaites: When I was a nurse manager I realized the part of my job I loved the most was education and professional development. **Daniels:** I knew from the moment I graduated from the diploma program that I wanted to come back here and teach. The education I received here was impeccable and really prepared me for the role of registered nurse. **Brownie:** In the back of my mind I knew I wanted to do education. In all of the departments I worked in, I was always assigned the role as preceptor to new employees or to complete educational activities with the staff. Coming to the

KIMBERLY BROWNIE, MSN, RN
Class of 1996

KAITLIN CHIDLLEY, MSN, RN
Class of 2007

ANGEL DANIELS, DNP, RN
Class of 2008

KATHY FAW, MSN, RN
Class of 2005

CATHERINE MIKELAITES, DNP, RN
Class of 2007

CINDY STUTTS, MS, RN (not pictured)
Class of 2006 (Diploma)
Class of 2016 (BSN)



BSMCON Faculty shown (l to r): Kathy Faw, Kimberly Brownie, Catherine Mikelaites, Kaitlin Chidley and Angel Daniels.

college was an easy choice when the time was right. **Faw:** I always knew upon graduation I was going to be an educator here at BSMCON. I told former Dean Mary Ruth Fox, “I will be back!” I kept that desire and drive to teach in the forefront and never gave up.

Tell us about innovation in an educational setting — how do you achieve it?

Daniels: I incorporate diverse methods into teaching. For me, that includes real world scenarios, patient-centered care, and teaching students to meet the patient where they are in the community. **Chidley:** I think when we mention innovation we think it has to be something big, but it can be as simple as teaching a current concept in a new way or simply thinking of a different analogy students can understand more clearly. Recently, I helped our new students put together a simple presentation about how to enter a room in the hospital. I found the students were very hesitant about this so I found a way to communicate this information without it feeling intimidating. **Faw:** Every student learns differently and I recognize that; I want to support learning in that capacity. I use videos, reverse case studies, role play and allow students to share their class readings or a meaning

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I love being able to continue to serve by teaching students and contributing to their development.

— Cindy Stutts, adjunct faculty

of a quote through expression (ex: videos, art, poems).

What are the rewards or challenges you face?

Stutts: I love being able to continue to serve by teaching students and contributing to their development. In terms of my course, students have multiple commitments other than nursing school and need support for juggling all the demands on their time. I am very fortunate to be able to offer a course that teaches strategies of self-care that can benefit students while in school and beyond. **Mikelaites:** It is rewarding to see our students in practice as nurses and implementing the things we have taught them. It is challenging to keep up with the rapid evolution in health care no matter where you work. **Daniels:** The reward for me is the impact

I feel when a student comes to me and tells me about a specific scenario where something I taught them has had an impact. For example, I had a student go on a Remote Area Medical trip and told me, “Dr. Daniels, when I was on this mission trip and saw all the people in need I thought about you and how you told us to meet the patients where they are.”

Chidley: It is encouraging to see such intelligent and strong individuals going into this profession. One of the most rewarding things I experience is seeing one of my former students thriving on a unit where I am now bringing current students. **Brownie:** Getting them to understand what nursing is about and that it is not just something we do but who we are. Seeing the excitement in their eyes when they are able to put things together and make sense of it. **Faw:** Nursing changes constantly and as an educator, I need to be on the top — whether that is reading journal articles, attending conferences, etc. You need to be an advocate for your learning. My biggest reward is a student’s a-ha moment when all the concepts and pieces finally come together. My other big reward is leading student teams to Haiti or most recently to Warsaw, Va., serving populations where nursing education is so important.



ANNUAL AUCTION BENEFITS

The Sisters of Bon Secours began their ministry administering to the sick and dying in Paris, France after the devastation of the French Revolution. When the Sisters crossed the Atlantic Ocean in 1881, they were called to care for the underserved people of Baltimore. Today, the College is an extension of that service, caring for vulnerable populations here and abroad, collectively known as Global Outreach.

The first Global Outreach trip began as a single mission trip to Haiti 20 years ago. Since that first journey to rural Haiti, hundreds of students and dozens of faculty members have provided compassionate care to thousands of men, women and children in need of the most basic health care. During the last two decades, Global Outreach has expanded to include a variety of service opportunities for students to enhance their education.

During the last year, Global Outreach teams volunteered with Remote Area Medical (RAM) in Grundy, Wise, and Warsaw, Va. to assist with medical triage for the free mobile clinic. They visited with Mountain Mission School — a school and refuge for children in need (also located in Grundy). They traveled to the Dominican Republic to serve for a week-long mission, and locally they served with Alternative Spring Break to help Richmond nonprofits with several short-term projects. This past summer, the College added a new mission experience in Tangier Island, Va. where students learned about life, culture and health care for the 600 residents who call this three-mile island home.

“Our mission teams use innovation and creativity each day to serve the most vulnerable of populations,” said Assistant Professor Kathy Faw, MSN, RN. Faw has participated in Bon Secours Global Outreach missions for two decades. “Part of the care we deliver is education and prevention. It’s an incredible opportunity to effect change in these rural communities.”

As Global Outreach teams prepare for another exciting year ahead in service, necessary funds are needed to support these efforts. The Global Outreach Auction, held every year since the inaugural Valentine-themed event in 2003, is the largest fundraiser that supports these Global Outreach opportunities. The event is planned by the faculty leaders, with students soliciting a large portion of the items available for bidding.

With hundreds of items for bid, festive food and beverages, door prizes and a live auction, the Global Outreach Auction is not to be missed. Many items are packaged in gift baskets, making it easy to bid on items such as a “survival kit” — complete with wine, glasses and

chocolate or a “movie night” with candy bars, movie tickets and gift cards. There are also unique items such as original paintings, handmade jewelry, signed professional sports collectibles, and more. The live portion of the auction is often higher ticket items such as a stay in an Outer Banks beach house and a Richmond city food and brewery tour.

The 2020 Global Outreach Auction was a success, but the work is far from over. Preparations for the 2021 auction will soon get underway once mission teams are selected for the next academic year.

“We’re always looking for items to auction off in the silent or live portions of the event,” Faw said. “We can turn a unopened board game into a ‘family game night’ basket; we can get very creative!”

If you’d like to learn more about our Global Outreach or how to get involved for 2021, please contact Kathy_Faw@bshsi.org.



GLOBAL OUTREACH



RAM - Wise, Va.

Tangier Island



Alternative Spring Break

RAM - Grundy, Va.



You might think eighth grade is a little early to start thinking about career choices, but for students attending Mission Tomorrow, the Richmond region's interactive career exploration event for students, that's exactly the point.

THE CLINICAL SIMULATION AND LEARNING CENTER Takes Part in ChamberRVA's Mission Tomorrow

"The idea is for students to be introduced to career and technical job options before they begin their high school education," said Allan Sackenreuter, technical coordinator for the College's Clinical Simulation and Learning Center. "Clinical simulation is a field that young people wouldn't necessarily know about without this unique showcase."

Each fall, more than 150 businesses from eight localities (Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent,

Powhatan and Richmond) set up fun, interactive exhibits to introduce an audience of nearly 13,000 teens to a variety of career options and in-demand jobs in the region. Exhibitors are organized by industry. This year there was a greater presence from education and health sciences, two areas shown to be in demand in this region.

Employers are encouraged to have interactive displays and engaging discussions so that students leave with a better understanding of future career outlooks.

"I don't think a lot of young people know about clinical simulation and the career options it offers," Sackenreuter said. "We might provide that spark of interest that sets these students on a path they might not have known existed."

Now in its fourth year, Mission Tomorrow is held over two days at Richmond Raceway Complex. It's hosted by ChamberRVA, the chamber of commerce for the entire Richmond region. For more information or how to get involved visit the ChamberRVA website.



SHAPING OUR ONLINE EDUCATION WITH QUALITY MATTERS



“Certification in QM has improved my teaching, allowing me to be more knowledgeable in the standards which helps distance education to reach the highest quality.”

– JeanMarie Digges, MSN, RN
Assistant Professor

Five years ago the College embarked on a journey to elevate the quality of its online education through Quality Matters (QM), a nonprofit organization leading quality assurance in online and innovative digital teaching and learning environments.

QM is a research-supported, practice-based method that supports the continuous improvement of quality online education and enhanced student learning. QM achieves this by implementing a system of standards and processes that includes the use of rubrics, educational tools, peer reviews and more.

“When we commit to continuous improvement with QM, it yields a better student experience in accessing and understanding their course content while creating a community in the online environment focused on engagement and student learning,” said Coordinator for Distance Education and Instructional Design Julie Marsh, MA, MEd. “QM also improves the faculty teaching experience by offering quality professional development, free webinars and certifications.”

In the last two years, all full-time online faculty members at the College have become certified to teach online through QM. Certification demonstrates their knowledge mastery of online teaching. Through this learning process, they have continued to improve the design and delivery of their online courses.

“Certification in QM has improved my teaching, allowing me to be more knowledgeable in the standards which helps distance education to reach the highest quality,” said Assistant Professor JeanMarie Digges, MSN, RN. “For example, I use software to create videos and engage with students in discussion boards, creating a faculty presence in my online courses. I am also able to connect learning theories to my teaching.”

An educator for many years, Dr. Christine Turner wanted to better understand the evidence, principles and pedagogy in online learning to provide a better learning experience for her students.

“I am challenged to develop creative teaching and learning strategies in the online environment that meet different learning styles and increase student interest in the topic, resulting in the achievement of learning objectives,” Dr. Turner said.

The most recent QM collaboration is the creation of the Faculty Fellows program. The program was developed to encourage completion of the QM seven-course certification to teach online by offering a variety of resources such as meetings, development and community — provided individually by Marsh.

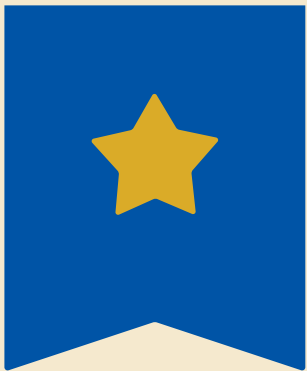
The certification also extends to adjunct faculty as well if they complete one course a semester (over seven semesters) consecutively or non-consecutively.

“This not only is an investment in the training of our online faculty, but it also supports our faculty development and accreditation standards for distance education,” Marsh said.





COLLEGE AMBASSADOR PROGRAM REACHES FIVE YEAR MILESTONE



The College Ambassador program began in the fall of 2014 to provide leadership opportunities to current students by interacting with both prospective and current students. During the last five years 124 students have had a chance to participate in the program, designed to cultivate leadership skills in a professional setting. Students are offered a distinct, resume-worthy experience that assists them in strengthening their skills to enhance the nursing profession.

“A highlight of the program is the opportunity for current students to share their own experiences with new students,” Associate Dean Carrie Newcomb, said. Newcomb spearheaded the program five years ago. “Getting to hear first-hand accounts of what to expect from your nursing school peers before you begin is invaluable.”

Meeting College Ambassadors during her own new student orientation sparked Tyra Fuller to apply the following semester. “The program has definitely pushed me out of my comfort zone,” she said. “Leading tours and speaking at orientation sessions has strengthened my leadership skills and given me more confidence.”



Leading tours and speaking at orientation sessions has strengthened my leadership skills and given me more confidence. – Tyra Fuller

Senior Charlotte Browning echoes the sentiment. “I have been able to assist with many functions at the College that require student, faculty and administration interaction. Each function has afforded me the opportunity to expand my leadership skills while supporting my peers,” she said.

Students complete an orientation before the start of classes, which provides an overview of program expectations and training. Monthly meetings are held to reinforce learning opportunities and provide ongoing training. College Ambassadors have participated in prospective student events, recruitment activities, focus groups, and new student events.

Students interested in applying to be a College Ambassador are eligible as a sophomore and can contact Erica Stubblefield at Erica_Stubblefield@bshsi.org for more information.

Q&A WITH NEW RN-BSN GRADUATE **Kristen Kennedy**

Tell me a little bit about your career. Why did you choose nursing?

I initially graduated from James Madison University with a Bachelor of Business Administration in marketing and secured a job in management and customer service. Four years into my career, I had a friend who became critically ill and spent many months in intensive care. It was during those nervous hours at the bedside and in the waiting room where I decided I wanted to pursue nursing.

I graduated from Bon Secours Memorial College of Nursing in 2010 with a diploma in nursing and began work as a RN in the intensive care unit (ICU) at St. Mary's Hospital, the same unit where I had visited my friend. Most of my career was spent in that ICU but I also enjoyed a stint as a travel nurse where I had the privilege of working in various critical care units in Brooklyn, Manhattan, Miami and at the University of Virginia. I transferred to the post-anesthesia care unit at St. Mary's in 2018 and have been enjoying it ever since.



“””

Deciding to get my BSN with Bon Secours was an easy choice since I had a great experience when I earned my diploma here a decade earlier.

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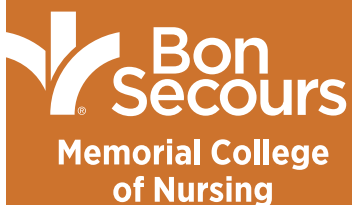
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