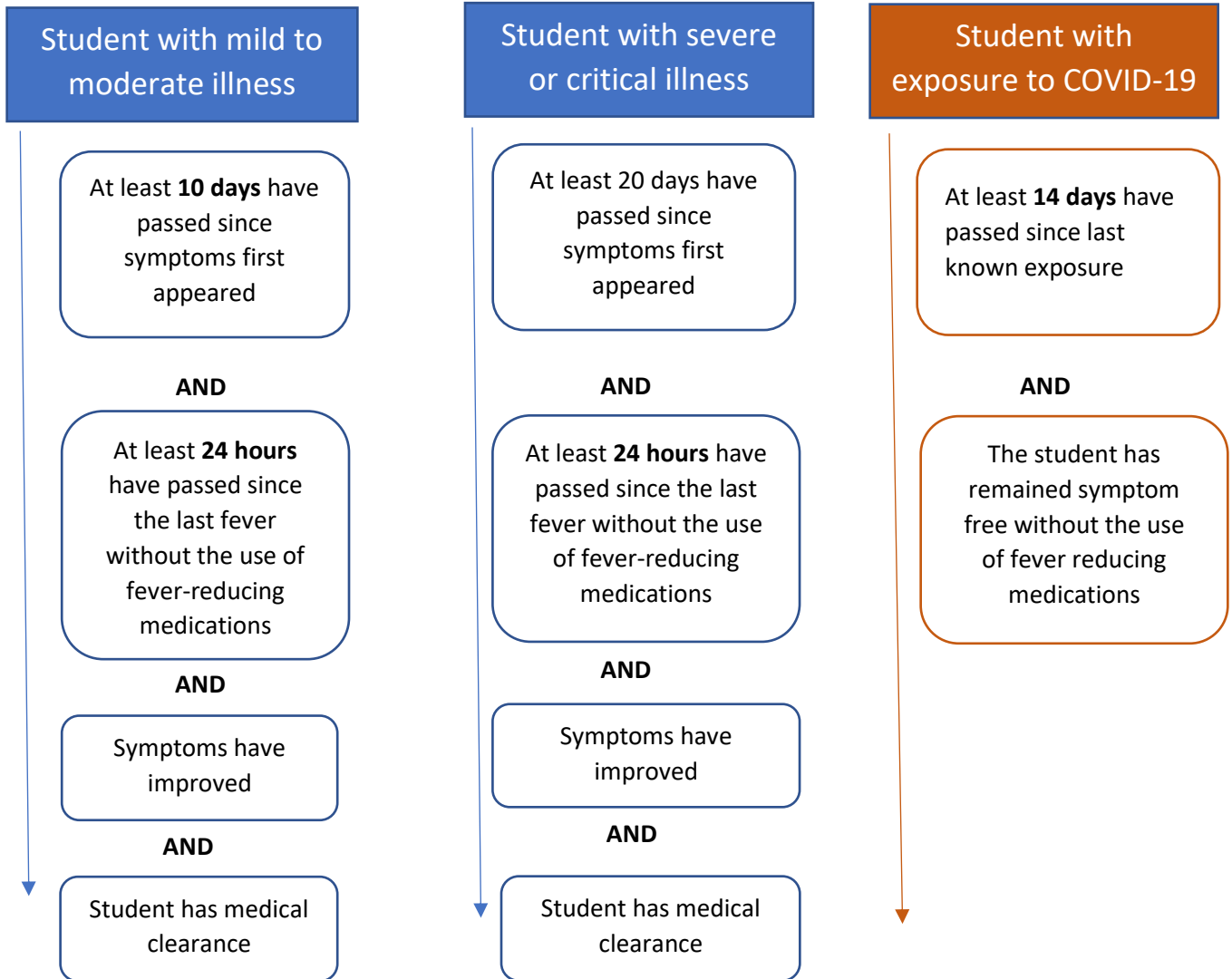


# BSMCON Students Returning to Campus Activities After COVID-19 Illness or Exposure

Based on CDC guidelines <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>



**Counting your quarantine days – 10-day quarantine** starts from the date of your **first symptoms** OR from your **positive test result** if you remain asymptomatic.

**14-day quarantine** starts from the date of your suspected exposure.

