BSMCON Students Returning to Campus Activities After COVID-19 Illness or Exposure

Based on CDC guidelines https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html

Student with mild to moderate illness

At least **10 days** have passed since symptoms first appeared

AND

At least **24 hours** have passed since the last fever without the use of fever-reducing medications

AND

Symptoms have improved

AND

Student has medical clearance

Student with severe or critical illness

At least 20 days have passed since symptoms first appeared

AND

At least **24 hours** have passed since the last fever without the use of fever-reducing medications

AND

Symptoms have improved

AND

Student has medical clearance

Student with exposure to COVID-19

At least **14 days** have passed since last known exposure

AND

The student has remained symptom free without the use of fever reducing medications

Counting your quarantine days – <u>10-day quarantine</u> starts from the date of your first

symptoms OR from your positive test result if you remain asymptomatic.

14-day quarantine starts from the date of your suspected exposure.

1 2 3 4 5 6 8 9 10 12 14 11 13 Symptoms 15 16 **17** 18 19 20 21 appear 22 23 24 25 26 27 28 30 29 31

Last day of **10-day** quarantine if other criteria are met

Return with clearance

Last day of **14-day** quarantine if you remain symptom free

Suspected exposure

Return to campus activities